

## Helpful questions to consider asking when discussing treatment options

By now, you may have gone through some testing to evaluate your fertility. Discussing potential treatments can bring up unfamiliar phrases and acronyms. Your fertility care team can be a wonderful resource, so be sure to ask them questions. Below are some questions to start with.

| Questions   | Notes |
|---|-------|
| Will all my procedures be done here?  |       |
| Are there differences in the success rates of various treatments?   |       |
| What is an egg retrieval/embryo transfer?   |       |
| What are the side effects of the treatments we're discussing?   |       |
| Will assisted reproductive technology, including in vitro fertilization (IVF), decrease my overall egg reserve? |       |
| What if my first IVF cycle is unsuccessful?<br>What testing options are available?                              |       |
| What is the time commitment for these treatments (eg, will I need to take time off work)?                       |       |

| Notes |                     |
|-------|---------------------|
|       |                     |
|       | Not actual patients |

